

## THSRC 2017 Club Rules

### THSRC General Pool Rules: (Placed outside office)

1. Glassware and similar materials with a tendency to shatter on impact are not allowed.
2. No guests allowed for Memorial Day (Sunday or Monday) and Labor Day (Sunday/Monday) parties.
3. Persons suffering from colds, fevers, coughs, sore or inflamed eyes, any skin disease or any communicable disease or open sores or bandages are prohibited from entering the facility.
4. No running on the pool deck.
5. No talking to Lifeguards while they are in the chairs.
6. No boisterous or rough play or pushing/shoving people into the pool.
7. Adults should not throw/toss their children in the pool when the pool is at high capacity.
8. No chicken fights permitted at any times. Do not climb on other swimmer's shoulders.
9. No tennis balls/basketballs/footballs allowed in the pool. Only soft Nerf type balls are allowed.
10. Spitting water from the mouth, blowing nose in the pool or in any way contaminating the water is strictly prohibited.
11. Diving blocks are for swim team use only. Please stay off during normal hours.
12. No floats/rafts permitted in the pool. Only USCG approved PFD used to aid swimmers are permitted.
13. No diving from the side of the pool (except during open swim in deep end).
14. Two and half foot swim area reserved for parents with small children when pool is at high capacity.
15. Babies and toddlers must be in appropriate diapers to enter the pools.
16. Swimming is prohibited when lightning is present (thunder), including a 30-minute period after last lightening/thunder is observed.
17. No hanging on or pulling lane or deep/shallow end lane markers.
18. Children under the age of 10 must be accompanied by an adult while attending the pool.
19. Domestic animals are not permitted in the pool area.

### **THSRC Diving Board / Deep End Rules: (Placed on fence by diving boards)**

1. The guard will open and close the deep end at their discretion.
2. The boards must be cleared of divers and cones put in place before allowing open swim.
3. The deep end will be cleared of swimmers before removing cones and opening the boards to divers.
4. Low Board: Only one person on the board at a time.
5. High Board: Only one person on the board and one person on the platform at a time.
6. One bounce only!
7. Wait at the end of the railing until the person before you touches the ladder.
8. Once you go to the end of the board, you must go off. No turning around.
9. Go straight off the board. No jumping off to the side.
10. No hanging from the diving boards.
11. No cartwheels, handstands or hanging off the diving boards.
12. No gainers, inwards or sailor dives.
13. Divers must swim directly to the nearest ladder and exit the diving area.
14. Divers must be able to swim to the side by themselves. Adults are not allowed to catch children going off the board.
15. No adjustments to the diving board fulcrum.
16. No floatation devices of any kind.
17. No goggles or masks.

### **THSRC Guest Rates**

1. Daily Guest Rates: \$4.00 on weekdays with a family rate of \$15.00. \$6.00 on Saturdays, Sundays and holidays with a family rate of \$20.00
2. Friday Night/Weekend socials plus 4<sup>th</sup> of July Guest Rates: \$10.00 per adult 21 or older, \$5.00 under 21 with a family rate of \$30.00
3. The rate for house guest privileges shall be \$25.00 per week, if authorization is received from the Board, otherwise the daily guest rate is applicable. The term "house guest" shall include the named guest, spouse, and their children.
4. Guest fees for club sponsored parties and other special events will be set for the specific event. 5. NO GUESTS AT THE CLUB ON MEMORIAL DAY OR LABOR DAY PARTIES (either Sunday/Monday depending on scheduling)